

Babbling Babies

Learning to Listen – Exploring Noise

0-6 months

- Face baby and use different materials for making noises
- Use repetitive words like “noisy” and “gone”, follow up with your facial expressions - scrunch up your face saying “noisy”
- Bubble wrap, paper and wrapping paper all make good noises when scrunched up
- Talk about the noises
- Baby might hold the paper (around 4 months)
- Do not leave baby alone with anything they can chew

6-12 months

- Face baby and use different materials for making noises
- Banging things is good fun. Choose things that can safely be banged together- plastic cups, balls, wooden spoons
- Let baby lead the game. What do they want to hold and do with it?
- Talk about what is happening: “you’re banging the spoons. Bang, bang!”

12-18 months

- Face baby and use different materials to make noises
- Choose different containers: tubs, bowls, cups and things to go in them like wooden blocks, scrunched up paper and water
- Baby will enjoy filling the containers and pouring things from one to another
- Describe the sound: “the blocks go bang, bang”; “Can you hear the water pouring into the cup?”